



## YMCA South & Mid Canterbury

23 Butler Street, Timaru  
PO Box 777, Timaru 7940

Phone: (03) 688 3682 Email: [info@ymcasc.org.nz](mailto:info@ymcasc.org.nz)

[www.ymcasc.org.nz](http://www.ymcasc.org.nz) / [facebook.com/YMCASouthandMidCanterbury](https://facebook.com/YMCASouthandMidCanterbury)

Tancred Street Mall, Tancred Street  
Ashburton 7700  
Phone: (03) 308 5164



19 March 2020

To all students/participants/parents/caregivers/visitors

### RE: Coronavirus (COVID-19) Update

Naturally we are all concerned about the spread of COVID-19 here in New Zealand and worldwide, as well as student/participant anxiety created by COVID-19.

For the sake of clarity **YMCA is very much open for teaching and learning** - right now we believe the YMCA is a safe place for students/participants to come to and we want them to feel welcome and continue to learn/grow. This letter therefore aims to communicate to you about what is happening here at the YMCA and how we are responding to the current global pandemic environment.

We continue to seek guidance from the Ministry of Health to ensure we are up to date with the best advice to keep our people (students/participants, staff and visitors) safe. Advice from the Ministry of Health states that our best defence against COVID-19 is to ensure high personal hygiene standards are vigorously practiced/maintained. In line with current government directives, we are taking the following sensible measures to ensure the safety of our people:

- ✓ anyone (students/participants/staff) returning from overseas are required to self-isolate for 14 days.
- ✓ if students/participants/staff are feeling unwell, we are requiring them to stay home.
- ✓ any students/participants/staff who become ill at the YMCA will be asked to go home.
- ✓ We are placing extra emphasis on personal hygiene standards.

In addition, the YMCA encourage you and those around you to take extra precautions during this time by practicing the following:

- wash your hands often with soap and water for at least 20 seconds and dry thoroughly
- avoid touching your eyes, nose, and mouth with unwashed hands
- avoid close contact with anyone with a cold and or flu- like symptoms
- cover coughs and sneezes with clean tissues or your elbow
- put used tissues in a covered bin or flush down the toilet
- get adequate sleep and eat well-balanced meals to ensure a healthy immune system.

However if you have any questions please do not hesitate to contact us or if you are concerned that you are showing symptoms of fever, cough or shortness of breath, call the Healthline 0800 358 5453 or contact your GP by phoning ahead of a visit to explain your symptoms.

Please be assured we are doing everything possible to keep you all safe whilst attending the YMCA.

Ngā manaakitanga

Keith Shaw  
Kaiwhakahaere Matua/General Manager

**Investing in the Next Generation**